



Medication-Assisted Treatment for Substance Use Disorders

What is MAT?

Medication-assisted treatment (MAT) is the use of medications and counseling to treat substance use disorders (SUD). Many people with Opioid Use Disorder (OUD) or Alcohol Use Disorder (AUD) can benefit from MAT. In fact, it is the most effective way for some individuals to recover long term.

OPIOID USE DISORDER MEDICATIONS

BUPRENORPHINE/NALOXONE

Generic Suboxone*
Zubsolv*
Suboxone*
Bunavail*

BUPRENORPHINE

Subutex*
Butrans*
Sublocade*
Probuphine*

METHADONE

Methadone†

NALTREXONE

Vivitrol

*Indicates Buprenorphine-based medication that requires a prescriber have a DEA waiver, 8 hours of training and a limited number of patients

†Methadone is only offered in federally licensed programs that are required to offer counseling services and urine drug screens

ALCOHOL USE DISORDER MEDICATIONS

REVIA, VIVITROL, EMBEDA

Naltrexone

CAMPRAL

Acamprosate

ANTABUSE

Disulfiram

MAT can be highly effective in treating substance use disorders; research has also shown that the use of MAT can reduce an individual's risk of contracting HIV or Hepatitis C. It can be beneficial at every stage and may reduce the need for inpatient services. MAT is not for everyone so it is important to seek the opinion of a trained provider. MAT services are offered in a number of settings, including the provider's office, outpatient treatment programs and facilities.

BENEFITS OF MAT

MAT has been proven to be clinically effective and may help people to:

Get back to life activities such as parenting, work and school

Lower the risk of relapse and overdose

Reduce cravings

Improve the ability to recover

Increase the chance of gaining and keeping a job

¹Weiss, R.D., Potter, J.S., Griffin, M.L. et al. Long-term outcomes from the National Drug Abuse Treatment Clinical Trials Network Prescription Opioid Addiction Treatment Study. *Drug and Alcohol Dependence*. 150:113-119, 2015.

²<https://www.samhsa.gov/medication-assisted-treatment/treatment>